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Volume 6

Number 3 *The Iowa Homemaker* vol.6, no.3 and no.3
Extra

Article 6

1926

Girls' 4-H Club

The Iowa Homemaker

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Recommended Citation

The Iowa Homemaker (1926) "Girls' 4-H Club," *The Iowa Homemaker*: Vol. 6 : No. 3 , Article 6.

Available at: <http://lib.dr.iastate.edu/homemaker/vol6/iss3/6>

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GIRLS' 4-H CLUBS

Club Work Is Glorifying the Iowa Farm Girl



ROTARIANS PAY TRIBUTE TO MISS 4-H

Mr. Sam Block, president of the Rotarians in Muscatine, said on the day five Rotarians were entertained at the 4-H camp, "It gives me a wholesome feeling to find girls who do not take their exercise doing the Charleston, who do not use lip stick and rouge, who have wholesome color from with, in, who play in a free, wholesome way, enter into the spirit of the game, and who are able to meet and entertain people with ease and unconsciousness."

The 4-H girls of Muscatine county have one week of camp each year, camping at the Rotary Hut, provided by the Rotarians for the use of all young people of the county. It is located in a lovely spot about twelve miles from Muscatine. Miss Henrietta Safely, Home Demonstration Agent, assisted by Mrs. A. J. Altekruze, chairman of the club committee, the Misses Blanch Barclay and Jessie Hargreave, club leaders, had charge. That the camp was well managed is proven by the fact that eighteen dollars has been added to the county club treasury, although each girl brought only 75 cents in addition to a contribution to the food supply.

The daily program at camp included setting up exercises, the flag raising and flag lowering ceremony, singing and games.

The forty-nine girls were divided into groups, each group responsible for some phase of the camp work. The two musical evenings will be long remembered by the girls; on one, the Rev. Wm. Hawsworth gave musical readings; on the other, the evening was devoted to negro spirituals sung by Mr. and Mrs. Lee Slaught, colored singers of Muscatine.

Miss Florence Forbes of the Club Department, in the two days she was at camp, taught the girls to make marbelized paper and to develop it into attractive book covers, blotter covers and envelope linings.

Miss Gladys Coon of the National Dairy Council, always popular at club events, put on the Health Fashion Show and helped with several stunts for rally day.

The girls learned many interesting things about tree identification, preservation of our forests and wood craft from Mr. Perkins Coville of the Forestry Department. Miss Catherine Landreth of New Zealand told of life in New Zealand. Mr. H. Metcalf of the publicity department spent two days at camp, training the girls in news writing. Each girl wrote a newspaper article. These are to be judged

by the editor of the Muscatine Journal, the best one to be published in the Journal and sent to several leading farm journals. The editor of the Journal is giving a book as a prize to the girl who writes this best news story and Mr. Metcalf will give a book to the girl who writes the best review of his course in news writing.

All in all, a most worth while week for all the girls attending.



Miss Josephine Arnquist With a Group of Holland Girls.

Miss Arnquist Sees Work of Danish Girls

Miss Josephine Arnquist, in charge of 4-H Girls' Club work, spent several days in June with Miss Ulla Christensen of Denmark, visiting girls' meetings while there. Miss Arnquist will have many interesting things to tell about the girls of other lands at the State Fair and Short Course.

4-H CLUB CAMPS

Club girls will enjoy the good fellowship, the outdoor sport and the wholesome outdoor recreation of camp life in several counties. The camp dates are as follows:

Muscatine, June 21 to 26.
Franklin, June 22 to 25.
Plymouth, July 21 to 24.
District Camp—Camp Brewster, July 26 to 29.
Marshall, August 2 to 6.
Black Hawk, August 9 to 14.

Among those who will help with the educational program at the various camps are Miss Florence Forbes, specialist in club work; Misses Gertrude Owen and Esther Pond, clothing specialists; Miss Adeline Wurdeman, home furnishing specialist; Miss Gladys Coon of the National Dairy Council, Mr. G. B. MacDonald of the Forestry Department, and Mr. H. Metcalf, who is giving the girls training in news writing.

CLUB RALLIES

June is the month of 4-H Club county rallies; the month when club girls renew old friendships and make new ones; the month when they renew their zeal for club work by taking part in a real club program. There have been so many wonderful rallies this month that the 4-H Club page could not hold an account of all of them.

Sac county clubs distinguished themselves by making their first rally day a 100 percent affair, twelve clubs represented and a number of them 100 percent in attendance. Louisa county conducted its first music memory contest and set a real pace for other counties. Eleven clubs competed. The H. W. Club of Concord Township scored 193.6 out of a possible 200. Four girls made perfect scores. They were Carol Bessinger and Lenore Foster of the Airline Club of Jefferson Township and Viola and Violet Shellabarger of the H. W. Club of Concord Township.

A profusion of beautiful flowers, arranged in attractive bouquets, added much of beauty to the Louisa county day.

Davis county's first rally was marked by a perfect attendance. Scott county conducted its sixth annual music memory contest. Thirty numbers were played. The Pleasant Valley Willing Workers placed first for the fifth time. They presented the Victrola given as a prize to the county club committee for the use of all clubs in the county. The afternoon program was a very lovely pageant, "Club Work in Its Glory." It is impossible to describe the beauty, finish and dignity with which each phase of club work was presented. Every club was responsible for one of the episodes, as listed in the following outline:

Pageant, "Club Work in Its Glory."
Spirit of Club Work—Katherine Koch.
Attendant 4-H's:

Hand—Myrtle Wiese.
Heart—Alma Hebble.
Head—Fern Holst.
Health—Marjorie Schumacher.
Pages—Carma Wiese and Florence Illian.
Episode One: Organization — Blue Grass Sunshine Workers.
Episode Two: Club Emblem—Sheridan Hustlers.
Episode Three—Initiation Ceremony—Busy Bees of Belmont.
Episode Four—Parliamentary Law—Wohelo.
Episode Five—Music Appreciation—Pleasant Valley Willing Workers.

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By the way, Sioux county is setting a real pace in club work. This is their second year, and there are fourteen clubs with an enrollment of 250.



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Episode Six—Good Books—Sheridan Hustlers.

Episode Seven: Health — Princeton Live Wires.

Episode Eight: Style Show—Buffalo Busy Bees.

Episode Nine: Approved Shoes—Lincoln Go-Getters.

Episode Ten: Recreation—Wohelo.

Episode Eleven: Home Furnishing, Color Fairies—LeClaire Happy Sunbeams.

Pictures: Lincoln Go-Getters.

Grand Finale: All Clubs.

The pageant, written by Miss Lulu Tregoning, home demonstration agent, club leaders and club girls, will be available in mimeographed form from the State Club Office.

JUDGING CONTESTS

Home Economics judging contests for 4-H Club girls will be conducted at the State Fair this year for the first time. There is no activity that gives better training in selection and definite standards than judging. 4-H girls in every county should make judging contests a definite part of their local program, in order that all girls who represent their counties in demonstration work will be qualified to enter the judging contest. The rules are as follows:

1. Teams shall consist of two members.
2. Teams must be club members doing work in project of classes to be judged.
3. Teams must be vouched for by County Agent or Home Demonstration Agent.
4. Teams must register with state agent in charge of judging contests at time, which will be announced on the dormitory bulletin board.

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nounced on the dormitory bulletin board.

5. Members of teams will judge eight classes, and will give oral reasons to judge in charge on five classes. These classes on which reasons are to be given will be designated before judging of classes begins.
6. Members of team will not be allowed to confer with each other nor with any other person during contest.
7. Scoring:
The total possible score will be 600 points—50 points will be the perfect score for each class placed and 50 points for each set of reasons.
8. Awards:
Gold, silver and bronze medals will be awarded to the three girls making the highest scores.

HEALTH FOOD SHOW

Nutrition club work will be featured on the central platform in the 4-H Club exhibit room for the first time this year. The exhibit will show the five food groups necessary to health. The exhibit will be a part of the Health Food Show adopted by the National Dairy Council from its mammoth show at the National Dairy Exposition in Indianapolis last October.

Hamilton county will have the honor of furnishing the teams that will give the four demonstrations which comprise the new Health Food Show. They are as follows:

Demonstration 1—Summer Drinks and Desserts; including fruit drinks, making of cocoa and its use as a cold drink, other milk drinks, sherbets and junkets. It is followed by the feature playlet, "These Are the Teeth that Jack Built."

Demonstration 2—Milk in Cooking; showing use of cream sauce with vegetables, soups, in casserole dishes, etc. To be followed by an attractive chorus in "I've a Dairy Farm in Holland."

Demonstration 3—Vegetables in Salads; such as cabbage, using tomatoes, fresh salad made with all kinds of leafy vegetables, chopped and served with French dressing. Then comes the stunt, "American Girls' Beauty Products."

Demonstration 4—Summary; health protecting fruits, vegetables and dairy products, finishing the group of demonstrations with a balanced meal and special demonstration of fruits. With this is an entertaining dialogue, "Punch as a Cook."

The clubs have made a special study of the subject matter pertaining to their demonstration in their club meetings during the summer. They will put on the Health Food Show in Webster City on August 6, at which time the four teams will be chosen that will present the Health Food Show at the State Fair.

The Hamilton County Farm Bureau will finance the trips of these girls.

The Food Show is directed by the 4-H Club Department, Miss Florence Tucker, Club Agent of Hamilton county, and Miss Gladys Coon of the National Dairy Council.